

Amy Cunningham

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EXPERIENCE

FREELANCE WRITER, *March 1991—present* Essayist and magazine journalist specializing in articles on healthy living, family relations, body image, alternative medicine, dream interpretation, graceful aging, and what the heck to do when you inherit your mother's mink. Published work has appeared in *More, Glamour, Parenting, The Washington Post* magazine, *Vegetarian Times, Mademoiselle, The Washington Monthly, Texas Monthly, HG, and Dovetail*.

BELIEFNET.COM, *November 2002-2007* Spirituality Editor and ChatteringMind Blogger covering blended-faith families, prayer, health and healing, yoga, meditation, whole foods, green living, Feng Shui, home organization, inspirational music and poetry. Edited columns on Buddhism, spiritual development, stress reduction, holistic travel and transformation. For three years, managed the website's survey of the year's most spiritually uplifting toys.

WASHINGTON DOSSIER, *May 1988-March 1991* Senior Editor in charge of conceiving, acquiring, rewriting, and editing cover stories and features on Washington D.C. high society, restaurants, fashion and the arts. Managed four major fashion shoots annually.

THE WASHINGTONIAN, *August 1982-November 1983* Staff Writer, *November 1983-May 1985* Contributing Editor who wrote articles on a black woman's struggle to join the DAR, a day in the life of a probation officer, psychological adjustments after plastic surgery, the life of cloistered nuns, why children carry security blankets.

D MAGAZINE, *February 1980-January 1981* Associate Editor responsible for writing a wide range of city magazine features. Completed a first person account of life as a honky-tonk cocktail waitress.

DALLAS OBSERVER, *July 1980-January 1981*, founding Senior Editor covering entertainment, arts, local politics.

EDUCATION

* **University of Virginia**, BA in English with distinction, 1977

* **Washington Institute for Psychoanalytic Study**, studied Psychoanalytic Psychotherapy, 1994-1996

* **American Academy of Art**, Chicago, IL, studied magazine illustration and commercial art, 1972